

COWSHED

TREATMENTS

SOHO HOUSE ISTANBUL

Hands & Feet

ULTIMATE COWSHED MANICURE 60 MIN-3800
Cowshed Manicure plus a hydrating mask for hands, followed by a scalp and shoulder massage to relieve tension.

COWSHED MANICURE 45 MIN-3000
File and cuticle tidy, exfoliation with hand and arm massage. Polish to finish.

SPEEDY MANICURE 30 MIN-2500
File, tidy and polish.

ULTIMATE COWSHED PEDICURE 75 MIN-5500
A full Cowshed Pedicure with a hydrating mask for feet followed by a relaxing scalp and shoulder massage to relieve tension.

COWSHED PEDICURE 60 MIN-4500
File and cuticle tidy, removal of hardened skin, exfoliation and foot and leg massage. Polish to finish.

SPEEDY PEDICURE 30 MIN-3500
File, tidy and polish.

POLISH CHANGE 15 MIN-1200
Nail polish change for hands or feet.

ADD ON

SCALP MASSAGE 15 MIN-1500
Relaxing dry massage incorporating pressure points.

Please note, we are unable to remove gel-based nail polishes.

Body

SIGNATURE MASSAGE
45MIN-6200 | 60MIN-7500 | 75MIN-8200 | 90MIN-9000
A Swedish-style massage using light to medium pressure to alleviate stress and promote deep full-body relaxation.

DEEP TISSUE MASSAGE
45MIN-6200 | 60MIN-7500 | 75MIN-8200 | 90MIN-9000
A firm pressure massage to release built-up tension and tightness held deep within your muscles.

REFLEXOLOGY 30MIN-4500 | 60MIN-7500
A foot massage to alleviate stress and promote deep full-body relaxation.

BACK MASSAGE 30 MIN-4500 TL
A unique massage sequence to leave you feeling relaxed and re-energised.

SALT SCRUB & MASSAGE 90 MIN-11000
A full body brushing, followed by deep exfoliation and a signature massage to finish.

SALT SCRUB 45 MIN-7500
Full body brushing followed by deep exfoliation using Sea Salt immersed in Spearmint Oil. Finish with hydrating body cream.

Hamam

TRADITIONAL HAMAM 45 MIN-7500
Body scrub with kese mitt, followed by a full foam massage with lavender soap. Hair is then washed and cleaned.

COWSHED PACKAGE 2H 30 MIN-20000
A traditional hamam session followed by a full 45 min Signature Massage. Finished with a 45 min Soho Skin 24/7 Facial.

Face

COWSHED FACIAL 60 MIN-8000

Cleanse, steam, exfoliation and extraction, followed by a face, neck and shoulder massage, plus a mask with a scalp, hand or foot massage.

SPEEDY FACIAL 30 MIN-6000

Facial cleanse, steam and exfoliation followed by face, neck and shoulder massage or mask with scalp, hand or foot massage.

SOHO SKIN MINI GLOW FACIAL 30 MIN-6000

Get your game face on with this supercharged express facial that will replenish and energise the skin, maximising a bright and radiant complexion.

SOHO SKIN 24/7 FACIAL 45 MIN-8000

This rejuvenating, skin-brightening facial uses hyperfunctional products from the core Soho Skin range to lift, energise and boost skin with a natural, hydrated glow.

Barber

HAIR

Shampoo and Haircut - 2800

Quick Tidy Up - 2200

BEARD

Quick beard trim - 2200

Traditional wet shave - 2200



Maternity

Cowshed is the perfect place to indulge in some pre- or post-pregnancy pampering with our specialised products and treatments. They help keep your skin supple while being deeply relaxing.

Our treatments are designed for clients that are 12 weeks pregnant or more; no treatments can be given in the first trimester. Children are not permitted in our Cowshed spas, so that everyone can experience complete relaxation.

FULL BODY CARE 90 MIN-11000

Foot soak, dry skin brushing, exfoliation, massage intense nourishing mask for stretch mark prone areas and facial rejuvenation.

FULL BODY MASSAGE 60 MIN-7500

Foot soak, full body massage and facial rejuvenation.

BACK MASSAGE 30 MIN-5000

Foot soak and seated massage in our comfy therapy room, with a focus on the back, neck and shoulders.

LEG TREATMENT 30 MIN-5000

Foot soak, exfoliation and massage using a cooling balm to reduce inflammation.

Cowshed Gatherings

Whether it's a birthday treat, bridal shower, office party or just a good excuse for catching up, there is no better way to spend time with your friends than by enjoying it at Cowshed.

To find out more e-mail:
cowshed.istanbul@sohohouse.com

Our spas

ARRIVAL

Please arrive 15 minutes before your appointment to register. If you arrive late, your appointment will be shortened out of consideration for the next customer.

CANCELLATIONS

If you need to change or cancel an appointment, we ask that you give us 24 hours' notice or the full cost of the treatment will be charged.

AGE POLICY

No one under the age of 16 is permitted in our Cowshed spas; our treatments are specially tailored for adults. However, we do offer treatments to those aged 16 to 18 with parental consent.

HEALTH CONDITIONS

When making your booking, please advise us of any health conditions and any medication you are taking. For certain medical conditions we will require written permission from your doctor to proceed. Please speak to our spa team for more information.

PREGNANCY

We offer a specialised menu of maternity treatments. Inform your therapist if you are pregnant to allow us to tailor your experience. Please note our pregnancy and safety policy: no treatments can be given in the first 12 weeks of pregnancy.

FOR MORE INFORMATION OR TO BOOK:
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There is a discretionary %13 service charge added to your bill. All prices are in Turkish Lira and inclusive of VAT