

Our spas

ARRIVAL

Please arrive 15 minutes before your appointment to check in. If you arrive late, your appointment will be shortened out of consideration for the next customer.

CANCELLATIONS

If you need to change or cancel an appointment, we ask that you give us 24 hours’ notice or the full cost of the treatment will be charged. Please note that we request credit card details to secure bookings.

AGE POLICY

No one under the age of 14 is permitted in our spas. Our treatments are specially tailored for adults; however, we do offer treatments to those aged 16-18 with parental consent.

HEALTH CONDITIONS

When making your booking, please advise us of any health conditions and any medication you are taking. For certain medical conditions we will require written permission from your doctor to proceed. Please speak to our spa team for more information

PREGNANCY

We offer a specialised menu of maternity treatments. Inform your therapist if you are pregnant to allow us to tailor your experience. Please note our pregnancy and safety policy: no treatments can be given in the first 12 weeks of pregnancy.

FOR MORE INFORMATION OR TO BOOK:

cowshed.amsterdam@sohohouse.com | +31 (0) 208 880 300

cowshed.com



Hands & Feet

ULTIMATE COWSHED MANICURE 60min - €70

Cowshed Manicure plus a hydrating mask for hands, followed by a scalp and shoulder massage to relieve tension.

COWSHED MANICURE 45min - €60

File and cuticle tidy, exfoliation with hand and arm massage. Polish to finish.

SPEEDY MANICURE 30min - €40

File, tidy and polish without water.

ULTIMATE COWSHED PEDICURE 75min - €85

A full Cowshed Pedicure with a hydrating mask for feet followed by a relaxing scalp and shoulder massage to relieve tension.

COWSHED PEDICURE 60min - €70

File and cuticle tidy, buffing, exfoliation, foot and leg massage. Polish to finish.

SPEEDY PEDICURE 30min - €48

File, tidy and polish without water.

POLISH CHANGE FEET €18

POLISH CHANGE HANDS €15

ADD-ONS*

SCALP MASSAGE15min - €20

Relaxing dry massage incorporating pressure points.

HAIR REMOVAL 5min - €5

Quick toe wax.

Gel

Using gel bottle; vegan and cruelty free

GEL REMOVER €15 COWSHED GEL PEDICURE €80

ULTIMATE COWSHED GEL MANICURE €80 SPEEDY GEL PEDICURE €58

COWSHED GEL MANICURE €70 ADD-ONS*

SPEEDY GEL MANICURE €50 SCALP MASSAGE €20

ULTIMATE COWSHED GEL PEDICURE €95 HAIR REMOVAL €5

*Please note, these treatments are add-ons and must be booked alongside one of our main treatments.

Maternity

Cowshed is the perfect place to indulge in some pre- or post-pregnancy pampering with our specialised products and treatments. They help keep your skin supple while being deeply relaxing.

Our treatments are designed for clients that are 12 weeks pregnant or more; no treatments can be given in the first trimester. Children are not permitted in our Cowshed spas, so that everyone can experience complete relaxation

FULL BODY CARE 90min - €160

Foot soak, dry skin brushing, exfoliation, massage and nourishing mask for stretch mark-prone areas and facial rejuvenation.

FULL BODY MASSAGE 60min - €105

Foot soak, full body massage and facial rejuvenation.

BACK MASSAGE 30min - €70

Foot soak and seated massage in our comfy therapy room, with a focus on the back, neck and shoulders.

LEG TREATMENT 30min - €70

Foot soak, exfoliation and massage using a cooling balm to reduce inflammation.

COWSHED

TREATMENTS

MOM TO BE PACKAGE

4-5 hours - €300

The ideal top-to-toe package in preparation for your new arrival:

Maternity Full Body Care + Cowshed Signature Facial + Cowshed Pedicure & Speedy Manicure

Face

BESPOKE FACIAL 60min - €150 | 90min - €175
Your therapist will create a facial tailored to your skin’s needs using a personalised edit of Cowshed and SkinCeuticals products. One ‘add-on’ treatment of your choice is included in the 90-minute facial.

SOHO SKIN MINI FACIAL 30mins - €75
Get your game face on with this supercharged express facial that will replenish and energise the skin, maximising a bright and radiant complexion. Ideal post-travel, pre-event or before a night out.

COWSHED SIGNATURE FACIAL 60min - €130
Cleanse, steam, exfoliation and extraction, followed by a face, neck and shoulder massage, plus a mask with a scalp, hand or foot massage.

ADD-ONS*

SKINCEUTICALS GEL PEEL** 15min - €40
Reduces appearance of fine lines and decreases frequency of acne.

CRYOTHERAPY 15min - €22
Reduces inflammation and eliminates toxins.

HYDRO- GEL MASK 15min - €22
To instantly plump and nourish dry skin.

MASSAGE 15min - €20
Head, foot, hand or shoulder. Using essential oils.

*Please note, these treatments are add-ons and must be booked alongside one of our face treatments. **A patch test is required 48 hours prior to the treatment.

Body

BESPOKE BODY THERAPIES 60min - €130 | 90min - €165
Your therapist will design a bespoke treatment tailored to your needs, to relax, detox or address specific skin concerns.

SALT & SCRUB MASSAGE 90min - €155
Full body brushing followed by deep exfoliation and a signature massage to finish.

COWSHED SIGNATURE MASSAGE 30min - €85 | 45min - €105 | 60min - €120 | 75min - €135 | 90min - €155
A bespoke massage using one of our seven signature moods. Upon booking we can recommend how long the treatment should be to address the areas you wish to focus on.

DEEP TISSUE MASSAGE 30min - €100 | 45min - €125 | 60min - €150 | 75min - €170 | 90min - €185
Focusing on the deeper layers of muscle tissue to relieve acute tension.

REFLEXOLOGY 30min - €75 | 60min - €110
Foot massage promoting deep relaxation of the body.

LAVA SHELL 60min - €140 | 75min - €160 | 90min - €175
A bespoke, relaxing massage incorporating the soothing effects of heated lava shells to release tension, boost circulation, and encourage gentle detoxification.

Hair Removal			
Full Leg & High Bikini	€70	Chest or Back Wax	€50
Half Leg & Basic Bikini	€45	Chin or Lip	€15
Full Leg & Basic Bikini	€65	Eye brow Shape	€20
Half Leg & High Bikini	€50	Eye brow Tidy	€15
Full Leg	€50	Full Arm	€32
Half Leg	€30	Half Arm	€25
Basic Bikini	€25	Underarm	€18
High Bikini	€30	Half Leg + Hollywood/Brazilian	€75
Brazilian	€50	Full Leg + Hollywood/Brazilian	€90

Eyes

LASH & BROW TINT* 30min - €35
LASH TINT* 30min - €20
BROW TINT* 15min - €18

*A patch test is required 48 hours prior to the treatment.

Style

RESTYLE HAIRCUT 60min - €70
Shampoo and restyle haircut with finish.

SHAMPOO & HAIRCUT 60min - €60
Shampoo and haircut with finish.

BACK & SIDES 60min - €45
Back and sides in between haircuts.

ONE GRADE ALL OVER 30min - €20
Electric clipper, 1 grade all over.

Shave & Groom

TRADITIONAL WET SHAVE 45min - €45
A hot towel, cut throat shave.

FULL BEARD SHAPE & HOT TOWEL 45min - €40
A hot towel, cut throat shave.

FULL BEARD SHAPE 30min - €35
Clipper and scissors to shape with conditioning treatment.

QUICK BEARD TRIM & CONDITION 15min - €25
Trim and conditioning treatment. Trim and conditioning treatment.

MOUSTACHE TRIM & STYLE 15min - €15
Tidy-up, shape and style with moustache wax.

EXPRESS GROOMING 30min - €45
Facial cleanse, exfoliation and mask.

THE FULL GROOM 90min - €95
Shampoo and haircut with traditional wet shave or beard shape.

Cowshed Parties

There’s no better way to spend time with your friends than by enjoying exclusive use of a Cowshed spa. Gather 8 to 20 friends in one of our spas and choose two treatments per person: mani, pedi, facial, back massage. You will also enjoy handmade canapés, fizz and 15% off purchases in spa during the party and a Cowshed gift bag to take home. From €155 per person.

Soho Friends

Soho Friends offer 25% off of Cowshed products and a member’s rate off treatments. Plus access to Soho House bedrooms, studio spaces and events plus other benefits at our restaurants and cinemas globally.



www.sohohouse.com/membership/soho-friends