

Our spas

ARRIVAL

Please arrive 10 minutes before your appointment to check in.
If you arrive late, your appointment will be shortened out of considearation for the next customer.

CANCELLATIONS

If you need to change or cancel an appointment, we ask that you give us 24 hours’ notice or the full cost of the treatment will be charged. Please note that we request credit card details to secure bookings.

AGE POLICY

No one under the age of 14 is permitted in our spas.
Our treatments are specially tailored for adults; however, we do offer treatments to those aged 16-18 with parental consent.

HEALTH CONDITIONS

When making your booking, please advise us of any health conditions and any medication you are taking.
For certain medical conditions we will require written permission from your doctor to proceed.
Please speak to our spa team for more information

PREGNANCY

We offer a specialised menu of maternity treatments.
Inform your therapist if you are pregnant to allow us to tailor your experience. Please note our pregnancy and safety policy: no treatments can be given in the first 12 weeks of pregnancy.

SOLID AS ROCK

For very important locals, if you live in a PL, TR or EX postcode you are eligible to receive discounts, points and early access to offers across the Hotel.



FOR MORE INFORMATION OR TO BOOK:
spa@stmoritzhotel.co.uk | 01208 869 800



Jennifer Young

An associate member of the Royal Society of Medicine, beauty therapist and product formulator, Jennifer Young has combined her knowledge and experience to develop specialist treatments for those living with and beyond cancer.

BALANCE BODY & MIND MASSAGE	
60 MIN	£85
LIFTING AND REJUVENATING FACIAL	
60 MIN	£85
SPECIALIST MANICURE	
60 MIN	£55
SPECIALIST PEDICURE	
60 MIN	£60

Maternity

During pregnancy your body is continually adjusting and sometimes needs a little help along the way. With every product in our maternity range containing sea buckthorn oil, our treatments will help to nourish and protect the skin during this special time. Maternity treatments are suitable for clients over 12 weeks pregnant, please see overleaf for waxing, hands & feet treatments.

MATERNITY SEATED BACK MASSAGE	
30 MIN	£50
MATERNITY FULL BODY MASSAGE	
60 MIN	£80
MATERNITY FULL BODY CARE	
90 MIN	£105
MATERNITY SIGNATURE FACIAL	
60 MIN	£85

Packages

Elemental Spa Day

(Available until May 2024)

Embrace the elements with our Wild Spa.
Enjoy a 2 hour hot and cold experience, facilities include woodfired sauna and hot tub, plunge pool and drench showers.
Light lunch and welcome drink.

Choose from a Cowshed Facial, Cowshed Pedicure, Cowshed Salt Scrub & Back Massage or Cowshed Manicure.

FROM £99 PP

Afternoon Escape

Choose from a Cowshed Facial, Cowshed Pedicure, Cowshed Salt Scrub & Back Massage or Cowshed Manicure.
Afternoon tea & prosecco.

FROM £100 PP

COWSHED

**TREATMENTS
AT ST MORITZ HOTEL
CORNWALL**

Body		Face		Hands & Feet		Hair Removal			
				Using Peacci; Paraben and BPA free					
SIGNATURE MASSAGE		COWSHED SIGNATURE FACIAL		ULTIMATE COWSHED MANICURE	ULTIMATE COWSHED PEDICURE	FULL LEG & BRAZILIAN	BASIC BIKINI		
45 MIN	£60	60 MIN	£85	60 MIN	£55	90 MIN	£85	30 MIN	£25
60 MIN	£80								
90 MIN	£105	MEDIK8 BESPOKE FACIAL							
		60 MIN	£120						
DEEP TISSUE MASSAGE				COWSHED MANICURE	COWSHED PEDICURE	HALF LEG & BRAZILIAN		HIGH BIKINI	
45 MIN	£65	MEDIK8 PLATINUM FACIAL		45 MIN	£45	75 MIN	£80	30 MIN	£35
60 MIN	£85	90 MIN	£140						
SALT SCRUB & MASSAGE		CBD FIRMING & LIFTING FACIAL		SPEEDY MANICURE	SPEEDY PEDICURE	FULL LEG & HIGH BIKINI		BRAZILIAN HOLLYWOOD	
90 MIN	£110	60 MIN	£120	30 MIN	£35	75 MIN	£70	45 MIN	£45
LAVA SHELL MASSAGE		ADD ONS				HALF LEG & HIGH BIKINI		CHEST BACK	
45 MIN	£70			POLISH CHANGE HANDS	POLISH CHANGE FEET	45 MIN	£60	30 MIN	£40
60 MIN	£90	HEAD, NECK & SHOULDER MASSAGE		15 MIN	£15				
90 MIN	£115	15 MIN	£18						
BESPOKE BODY THERAPY		MEDIK8 PEEL*		Gel		FULL LEG & BASIC BIKINI		CHIN LIP	
60 MIN	£85	45 MIN	£80	Using The Gel Bottle; Vegan and Cruelty Free		75 MIN	£60	15 MIN	£12
90 MIN	£110								
CBD MASSAGE		Eyes		ULTIMATE COWSHED GEL MANICURE	ULTIMATE COWSHED GEL PEDICURE	HALF LEG & BASIC BIKINI		FULL ARM	
60 MIN	£110			75 MIN	£65	45 MIN	£55	45 MIN	£35
		BROW TINT*							
		15 MIN	£15						
		LASH TINT*		COWSHED GEL MANICURE	COWSHED GEL PEDICURE	FULL LEG		HALF ARM	
		30 MIN	£20	60 MIN	£55	45 MIN	£50	30 MIN	£25
		LASH & BROW TINT*							
		30 MIN	£30						
		BROW TIDY		SPEEDY GEL MANICURE	SPEEDY GEL PEDICURE	HALF LEG		UNDER ARM	
		15 MIN	£20	45 MIN	£45	30 MIN	£40	15 MIN	£20
		BROW SHAPE		ADD ONS					
		30 MIN	£25						
				GEL REMOVAL	FRENCH POLISH				
		BROW TINT & BROW SHAPE*		15 MIN	£15				
		30 MIN	£35						
				HEAD, NECK & SHOULDERS MASSAGE					
				15 MIN	£18				