

Hands & Feet

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ULTIMATE COWSHED MANICURE 60min - €70

Cowshed Manicure plus a hydrating mask for hands, followed by a scalp and shoulder massage to relieve tension.

COWSHED MANICURE 45min - €60

File and cuticle tidy, exfoliation with hand and arm massage. Polish to finish.

SPEEDY MANICURE 30min - €40

File, tidy and polish without water.

ULTIMATE COWSHED PEDICURE 75min - €85

A full Cowshed Pedicure with a hydrating mask for feet followed by a relaxing scalp and shoulder massage to relieve tension.

COWSHED PEDICURE 60min - €70

File and cuticle tidy, buffing, exfoliation, foot and leg massage. Polish to finish.

SPEEDY PEDICURE 30min - €48

File, tidy and polish without water.

ADD-ONS*

SCALP MASSAGE 15min - €22

Relaxing dry massage incorporating pressure points.

HAIR REMOVAL 5min - €5

Quick toe wax.

*Please note, these treatments are add-ons and must be booked alongside one of our hands & feet treatments.

Maternity

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Cowshed is the perfect place to indulge in some pre- or post-pregnancy pampering with our specialised products and treatments. They help keep your skin supple while being deeply relaxing.

Our treatments are designed for clients that are 12 weeks pregnant or more; no treatments can be given in the first trimester. Children are not permitted in our Cowshed spas, so that everyone can experience complete relaxation

FULL BODY MASSAGE 60min - €105

Foot soak, full body massage and facial rejuvenation.

BACK MASSAGE 30min - €70

Foot soak and seated massage in our comfy therapy room, with a focus on the back, neck and shoulders.

LEG TREATMENT 30min - €70

Foot soak, exfoliation and massage using a cooling balm to reduce inflammation.

Cowshed Gatherings

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Whether it's a birthday treat, bridal shower, office party, or just a good excuse for catching up, there is no better way to spend time with your friends than by enjoying it at Cowshed.

To find out more email cowshed@sohohouseberlin.com

TREATMENTS

COWSHED

**NATURAL THERAPIES
FROM THE HEART AND SOIL
OF SOMERSET, ENGLAND**

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Face

BESPOKE FACIAL

60min - €150 | 90min - €175

Your therapist will create a facial tailored to your skin's needs using a personalised edit of Cowshed and SkinCeuticals products. One 'add-on' treatment of your choice is included in the 90-minute facial.

COWSHED SIGNATURE FACIAL

60min - €130

Cleanse, steam, exfoliation and extraction, followed by a face, neck and shoulder massage, plus a mask with a scalp, hand or foot massage.

SOHO SKIN MINI GLOW FACIAL

30min - €80

Get your game face on with this supercharged express facial that will replenish and energise the skin, maximising a bright and radiant complexion. Ideal post-travel, pre-event or before a night out.

ADD-ONS*

CRYOTHERAPY

15min - €22

Reduces inflammation and eliminates toxins.

MASSAGE

15min - €22

Head, foot, hand or shoulder. Using essential oils.

HYDRO-GEL MASK

15min - €30

SkinCeuticals Restorative Mask to instantly plump, balance and nourish your skin.

LIFTING FACIAL MASSAGE

15min - €22

A lifting and energizing facial massage.

*Please note, these treatments are add-ons and must be booked alongside one of our face treatments.

EYES

Lash & Brow Tint* 30min - €35 Brow Shape 30min - €20

Lash Tint* 30min - €20 Brow Tidy 15min - €15

Brow Tint* 15min - €18

*A patch test is required 48 hours before these treatments.

Body

COWSHED SIGNATURE MASSAGE

30min - €80 | 45min - €100 | 60min - €115 | 90min - €150

A Swedish-style massage using light to medium pressure to alleviate stress and promote deep full-body relaxation.

DEEP TISSUE MASSAGE

30min - €95 | 60min - €145 | 90min - €180

A firm pressure massage to release built-up tension and tightness held deep within your muscles.

REFLEXOLOGY

30min - €80 | 45min - €100

A foot massage to alleviate stress and promote deep full-body relaxation.

SALT SCRUB & MASSAGE

90 min - €150

A full body brushing, followed by deep exfoliation and a signature massage to finish.

SALT SCRUB

45 min - €90

Full body brushing followed by deep exfoliation using Sea Salt immersed in Spearmint Oil. Finish with hydrating body cream.

Hair Removal

Full Leg & High Bikini	€70	Basic / High Bikini	€25 €30
Full Leg & Basic Bikini	€65	Half / Full Arm	€25 €32
Half Leg & High Bikini	€50	Underarm	€18
Half Leg & Basic Bikini	€45	Back or Chest	€50
Half / Full Leg	€30 €50	Lip or Chin	€15
Brazilian / Hollywood	€50	Additional Area	from €10

Our spas

ARRIVAL

Please arrive 15 minutes before your appointment to register. If you arrive late, your appointment will be shortened out of consideration for the next customer.

CANCELLATIONS

If you need to change or cancel an appointment, we ask that you give us 24 hours' notice or the full cost of the treatment will be charged. Please note that we request credit card details to secure bookings.

AGE POLICY

No one under the age of 16 is permitted in our Cowshed spas; our treatments are specially tailored for adults. However, we do offer treatments to those aged 16 to 18 with parental consent.

HEALTH CONDITIONS

When making your booking, please advise us of any health conditions and any medication you are taking. For certain medical conditions we will require written permission from your doctor to proceed. Please speak to our spa team for more information.

PREGNANCY

We offer a specialised menu of maternity treatments. Inform your therapist if you are pregnant to allow us to tailor your experience. Please note our pregnancy and safety policy: no treatments can be given in the first 12 weeks of pregnancy.

For Soho House members' rates, please speak to reception.

FOR MORE INFORMATION OR TO BOOK:

cowshed@sohohouseberlin.com or +49 (0) 30 - 40 50 44 130

cowshed.com

